



# Lane Cove Tourist Park River Circuit



### 5 hrs Hard track 12 km Circuit

1 → 383m

This walk follows a large section of Lane Cove River. The walk follows the Riverside Walking track up the Lane Cove River to De Burghs Bridge. From the bridge the track winds back along the hillside on the other side of the river. The track then passes a few historic buildings, and the Visitor Centre, before crossing at the weir and returning to the Tourist Park. There are plenty of grassy picnic areas along the way and the Boat Shed sells snacks.

50m

## Lane Cove River tourist park

This is a well-established caravan park on the edge of Lane Cove National Park, offering a variety of camp sites from tent to powered sites for caravans and even en suite cabins. The campsite is a great point to access many wonderful walks in Lane Cove Valley. There are many facilities including a laundry, toilets, showers (including facilities for people with disabilities and with infants), recreation room, Internet kiosk (with free access to Wildwalks.com), wireless Internet, BBQ's and a pool. There is bike hire available and the reception has basic supplies for sale (bread, milk, snacks, newspapers).

### Sandstone caves

This fairly large sandstone overhang is found on the eastern side of the Lane Cove Valley. The walking track leads through the two caves that run in series, with the northern cave being larger. The lip of the overhang hangs down a bit, providing some extra protection from wind and rain. The cave also provide some shade and a cooler spot on hot days, and there are also a couple of well placed boulders forming nice seats.

# **Baker's Cottage**

Baker's Cottage was built in 1865 as the residence of William Baker and his family. The cottage once stood in the middle of a well-kept garden and orchard. The cottage itself was once larger, with more rooms and a verandah surrounding it. The residence changed hands only twice, and was then appropriated by the Minister of Lands in 1938.

### **Lane Cove Weir**

The Lane Cove River Weir was built in 1938 during the depression. The motivation for building the lake was to make the area more apealing for visitors' picnics. The weir created environmental issues such as silting and a decline in native fish populations. In much more recent years, a 'fish ladder' has been constructed to allow fish to undertake their natural migration route for breeding. The weir proved an easy way for walkers to cross the Lane Cove River whilst enjoying the views up and downstream.

### **Before You walk**

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an ejoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast (BOM Metropolitan District)
- 2) Fire Dangers (<u>Greater Sydney Region, unknown</u>)
- 3) Park Alerts (Lane Cove National Park)
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

### Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

Take adequate supplies of food, water, navigation and first aid equipment.

Register your planned route and tell friends and family when you expect to return.

Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).

Keep to your planned route and follow the map and walking trails.

# **Topo Maps**

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include:

**1:25 000 Map Series**:91303N PARRAMATTA RIVER **1:100 000 Map Series**:9130 SYDNEY

### Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is dertermined by the highest classification along the whole track.

4	Grade 4/6 Hard track				
Length	12 km Circuit				
Time	5 hrs				
Quality of track	Rough track, where fallen trees and other obstacles are likely (4/6)				
Signs	Minimal directional signs (4/6)				
Experience Required	Some bushwalking experience recommended (3/6)				
Weather	Weather generally has little impact on safety (1/6)				
Infrastructure	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)				



#### Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to Lane Cove Tourist Park (gps: -33.7894, 151.1433) by car or bus. Car: There is free parking available.

This is a circuit, so you will finish back at the start.

Find up to date and more information inlcuding; travel directions, weather, park closures and walker feedback at <a href="http://wild.tl/lctprc">http://wild.tl/lctprc</a>

#### 0 | Lane Cove River tourist park

This is a well-established caravan park on the edge of Lane Cove National Park, offering a variety of camp sites from tent to powered sites for caravans and even en suite cabins. The campsite is a great point to access many wonderful walks in Lane Cove Valley. There are many facilities including a laundry, toilets, showers (including facilities for people with disabilities and with infants), recreation room, Internet kiosk (with free access to Wildwalks.com), wireless Internet, BBQ's and a pool. There is bike hire available and the reception has basic supplies for sale (bread, milk, snacks, newspapers).

#### 0 | Lane Cove Tourist Park

(540 m 11 mins) From the office of the 'Lane Cove Tourist Park', this walk heads down the internal road, past the boom gates for about 50m to turn left just past the laundry. The walk then continues along this road as it bends right after about 100m, then leads down to a T-intersection. Just on the other side (and to the left) of this intersection, there is a set of steps beside the large 'Lane Cove National Park' sign. From this concreted section between sites 152 and 151, this walk follows the sign down the stone steps for about 60m, where the track then leads gently down to a T-intersection marked with a timber signpost (beside a large scribbly gum).

Turn right: From the intersection, the walk follows 'Lane Cove River Weir' sign south down the hill. The track leads gently down the side of the hill for about 80m to pass a 'Native Flora' information sign, then about 90m later passes a 'Bush Regeneration' information sign among the ferns. Just 30m past this sign, the track leads over a small metal bridge beside the tall fern trees and 'Native Fauna' information sign. Here the track continues for a short distance to come to an intersection with Riverside Drive, where a 'Tourist Park' sign points back up the hill.

#### 0.54 | Riverside Dr

(130 m 3 mins) Continue straight: From the intersection, this walk follows the 'Riverside walk' arrow post down the steps and then follows the road down past the '12 Blackbutt' picnic area. Soon the road leads to a Y-intersection and veers right down to the car park beside '13 Cottonwood Glen' picnic area and the Lane Cove River.

#### 0.67 | 13 Cottonwood Glen

(2.1 km 35 mins) Turn left: From the car park, this walk follows riverside walk arrow across '13 Cottonwood Glen' picnic area, over the small bridge, keeping the river on the rightOnce back into the bush the track continues for approximately 400m to come to the '18 Korong' picnic area.

Continue straight: From '18 Korong' picnic area, this walk heads across the clearing and up the road to the sign marked '19 Halfway Point'. The walk passes this sign and the gate next to it, heading to the bottom of the grass clearing. The track then turns left and follows the Lane Cove River for

approximately 1km, passing through some small clearings. The track then rounds to the left over a rocky section, then passes a creek fed by a drain high on the left. The track winds right, into the picnic area '20 Fern Valley' where there are picnic tables.

Continue straight: From Fern Valley, this walk heads north along the river. The track winds and undulates for approximately 1km, following the Lane Cove River. The track then turns left to head up Porters Creek for approximately 100m, then heads up some stairs to Porters Creek bridge, on Riverside Drive.

#### 2.73 | Porters Creek bridge East

(30 m 1 mins) Turn right: At the bridge, this walk crosses the creek using the road/bridge, to the signposted intersection with the bush track, on the right.

#### 2.76 | Porters Creek bridge West

(1.5 km 28 mins) Turn right: From Porters Creek bridge, this walk heads down the stairs and along the creek bank, with the creek on the right, for approximately 100m. The track then turns left to follow the Lane Cove River, on the right of the track, for approximately 400m, passing some cliffs on the left. From the cliffs, the walk continues for approximately 600m to lead left up some stairs to the signposted intersection on the road.

#### 4.28 | Int. Riverside Trk and Riverside Dr at park entran

(280 m 6 mins) Turn right: From the intersection the track follows the sign 'Great North Walk Access via Deburghs bridge' arrow. The track leads along a near straight fence footpath for approximately 150m to a sign posted intersection.

#### 4.55 | Int. Riverside Trk and Ryde Rd Access Trk SE

(30 m 1 mins) Turn left: From the intersection, this walk follows the Great North Walk access sign up the stairs to Ryde Rd.

#### 4.58 | DeBurghs Bridge South

(270 m 8 mins) Turn right: From the intersection, this follows the NPWS arrow marker along the footpath across 'De Burghs Bridge', keeping the traffic to your left. On the other side of the bridge, this walk continues along the concrete footpath for 70m (passing under the 'Lane Cove National Park' sign) to come to an intersection beside a locked gate (on your right).

### 4.85 | DeBurghs Bridge North

(940 m 23 mins) Turn right: From the intersection, this walk heads directly away from the road and around the locked gate. The walk turns right and follows the track past the 'Lane Cove National Park' sign and around the scrubby clearing for about 130m. Here, the track leads down some timber steps and comes to a clear three-way intersection, where a 'Lane Cove River Weir via Riverside walk' sign points back up the steps.

Veer left: From the intersection, the walk follows the sign to 'Lane Cove River Weir via Great North Walk' down the hill and steps, keeping the valley to your right. The track soon leads down some stone steps, then a little further along, partway down some timber steps, this walk comes to a three-way intersection, marked with a GNW arrow post.

Turn left: From the intersection, this walk follows the GNW arrow post along the flat track, keeping the valley to your right. The track soon bends left then follows a GNW arrow post down off a rock platform to cross the rocky Blackbutt Creek. Here, the walk heads up a series of timber steps, then the track flattens out and turns right at another GNW arrow post. Here the track widens into a trail and leads up over a partially buried, green metal pipeline (sometimes hissing) then follows the power lines for about 50m before turning left and coming to a signposted intersection partway up the hill. There is a 'Great North Walk - Deburghs Bridge' sign pointing back downhill. Veer right: From the intersection, this walk follows the GNW arrow post

down the steps and along the narrower track, directly away from the face of the 'Great North Walk' sign. This track soon passes under some power lines then continues through the open forest for about 50m to head down some rocky steps. From here, the walk follows the base of the rock wall to head through a long tunnel-like sandstone overhang. Here the track leads down to cross a mossy and rocky gully, then heads up around the left side of a large cube boulder (know as 'The Block'). The walk then follows along the base of long sandstone wall (on your left) for about 130m and then enters a sandstone overhang.

#### 5.79 | Sandstone caves

This fairly large sandstone overhang is found on the eastern side of the Lane Cove Valley. The walking track leads through the two caves that run in series, with the northern cave being larger. The lip of the overhang hangs down a bit, providing some extra protection from wind and rain. The cave also provide some shade and a cooler spot on hot days, and there are also a couple of well placed boulders forming nice seats.

#### 5.79 | Sandstone caves

(1.6 km 32 mins) Continue straight: From the cave, this walk follows the track through the second cave, keeping the valley to your right. Soon after the second cave, the track bends right and leads down to an unfenced rock platform. Here the walk turns left and follows the rocky track down for 100m, then crosses a small flat timber bridge. Just past the bridge, this walk turns right at the top of a smaller unfenced cliff and heads down the small gully, where the track then turns sharply left to follow along the base of this cliff. The track continues for just shy of 400m, passing a few more rock walls (on your left), to then pass along the top of an unfenced cliff (to your right). The track continues through the eucalypt and grass tree forest and soon starts leading down the side of the hill, then follows the track along the bank of the Lane Cove River for about 250m. The track leaves the river and climbs a small rise to a signposted intersection. The walk continues straight, following the 'Visitors Centre' sign downhill, then soon goes down some steps to cross the creek on a timber foot bridge. The track turns right on the other side of the bridge and leads out of the lush gully to follow the bank of the Lane Cover River again for about 120m, coming to rock platform and small beach on the bank of the river. Here the walk heads over the rock and follows the short section of timber boardwalk, where the track then leads past a small sandstone overhang. About 60m later, the track crosses over a flat timber boardwalk bridge and comes to a signposted three-way intersection and a 'Blue Hole' sign pointing back along the track.

#### 7.35 | Bottom of Fiddens Wharf Oval Trk

(800 m 16 mins) Continue straight: From the intersection, the track follows the 'Visitors Centre Loop' arrow along the track, keeping the river to your right. After about 50m, this walk heads over a short timber boardwalk and crosses the 'weedy' creek. The walk then heads up some steps and a staircase to the top of a rock platform, where there is a 'Blackbutts' information sign. The track leads gently up along the side of hill for about 70m, passing an unfenced cliff to your right, where the track bends left to lead across a rock gully. The track then leads past the 'Sydney Peppermint' and 'Sandstone Gully Community' information signs and across a ferny gully to find a 'Sydney Red Gum' information sign. From here, the walk heads up a series of timber steps to where the track suddenly widens into a mostly flat trail. This trail soon bends right and leads through the casuarina forest, past the 'Scribbly Gum' information sign to an intersection (with a narrower track on your left), just before the 'Sandstone Hillslope Community' information sign.

#### 8.14 | Alternate Route Int. GNW and Thistlethwaytes Picni

(970 m 21 mins) Turn left: From the intersection, this walk follows the GNW arrow post along the narrower track, across a small ditch then up the timber

steps. The track meanders through the bush, passing a few rocky outcrops before heading up a longer series of timber stairs. Just beyond the top of this climb, the track leads down a short section of steps and comes to a T-intersection with a sealed road, marked with a NPWS arrow post.

Turn left: From the intersection, this walk follows the NPWS arrow up along the road for a short distance and comes to another signposted intersection with another track (on your right), a short distance before the locked gate.

Veer right: From the intersection, this walk follows the GNW arrow posts down a couple of timber steps then along the narrow track. The track gently meanders through the open forest for a short time until heading up some timber steps and coming to a T-intersection with a wide management trail.

Veer right: From the intersection, this walk follows the GNW arrow post downhill along the wide management trail (keeping the house up to your left). The trail soon follows the power line down to an intersection where a 'Blue Hole - Fiddens Wharf' sign points back up the hill.

Turn right: From the intersection, this walk follows the 'Park Visitors Centre' sign downhill, away from the houses. Just over 100m later, the wide trail bends left and follows a cliff line to an intersection with a narrower track (marked with a GNW arrow post) about 10m before a locked gate.

Veer right: From the intersection, this walk follows the GNW arrow post downhill along the narrow track and soon comes to an intersection with Max Allen Dr, beside a large 'Great North Walk' sign.

Turn right: From the intersection, the walk follows the road up the hill. The road passes over the hill, to an intersection with a track on the left, marked by wooden posts. Now Turn left to rejoin the main walk.

#### 8.14 | Int. GNW and Thistlethwaytes Picnic Area Trk

(350 m 7 mins) Continue straight: From the intersection, this walk heads around the hillside, with the river below on the right. The walk tends left as it contours around the hill. It then descends over speed bumps for approximately 50m to the car park of Thistlethwaytes picnic area.

#### 8.49 | Thistlethwaytes Picnic Area

(620 m 12 mins) Continue straight: From the picnic area, this walk heads down the road, with the water to the right. The walk continues down the road for a short time, to the intersection with the entrance of the National Parks and Wildlife Service's Depot on the left, and the Schwartz Homestead a short distance up the hill.

Continue straight: From the intersection, this walk heads along the road, with the water on the right. The walk tends left, continuing up the road to pass a brick building on the right, before coming to the signposted intersection, opposite Baker's Flat.

#### 9.12 | Optional sidetrip to Baker's Cottage

(120 m 3 mins) Turn left: From the intersection, the walk heads up the stairs tending right, up the hill. The walk passes a sign about native grasses before continuing right, to Baker's Cottage. At the end of this side trip, retrace your steps back to the main walk then Turn left.

#### 9.12 | Baker's Cottage

Baker's Cottage was built in 1865 as the residence of William Baker and his family. The cottage once stood in the middle of a well-kept garden and orchard. The cottage itself was once larger, with more rooms and a verandah surrounding it. The residence changed hands only twice, and was then appropriated by the Minister of Lands in 1938.

#### 9.12 | Int. Opposite Bakers Flat

(590 m 13 mins) Continue straight: From the intersection, this walk heads down the road towards the car park at '29 Bakers Flat'. The walk continues along the road to pass the clearing and tend right, up the hill, to an intersection with a bush track on the right.

Turn right: From the intersection, this walk heads down the path for approximately 50m to pass a toilet block on the left of the track. The track continues to an intersection with a railed footpath.

Veer right: From the intersection, this walk heads down the slight gradient, away from the toilet block to the large concreted area above the weir.

Turn right: From the intersection, this walk heads directly down the hill to the weir at the water.

Continue straight: From the intersection, this walk follows GNW arrow post across the top of the weir to another GNW arrow post of other side of the weir, just past the sandstone pillars. After heavy or prolonged rain this crossing may be closed if water is flowing over the top.

#### 9.71 | Lane Cove Weir

The Lane Cove River Weir was built in 1938 during the depression. The motivation for building the lake was to make the area more apealing for visitors' picnics. The weir created environmental issues such as silting and a decline in native fish populations. In much more recent years, a 'fish ladder' has been construcuted to allow fish to undertake their natural migration route for breeding. The weir proved an easy way for walkers to cross the Lane Cove River whilst enjoying the views up and downstream.

#### 9.71 | Lane Cove Weir South

(520 m 9 mins) Continue straight: From the southern end of the weir, this walk follows the sealed road up (away from the weir) for about 10m to turn right following the 'Riverside walking track' sign along the fenced timber boardwalk. After about 50m, this boardwalk leads past the fish ladder to come to a lookout (with stepped seats) and great views over the Lane Cove River. From the lookout, this walk continues along the boardwalk for about 80m (enjoying more river views) to then follow another 'Riverside walking track' sign along the edge of '3 Spoonbill' picnic area for about 130m, and come to '4 Illoura' picnic area (with toilets and water). This walk continues along the track beside the river for another 120m to pass below a large picnic shelter, then just over 100m later, this walk comes to the shop-front side of the sandstone boatshed building.

#### 10.23 | Lane Cove Boatshed

Lane Cove Boatshed, in Lane Cove National Park, is situated on the bank of the (you guessed it) Lane Cove River. You can hire rowboats, kayaks, pedal boats, bikes and canoes, for different ways to enjoy the river. The shop also sells ice-creams, chips and drinks. The shed is open on weekend from 10am -5pm. During summer school holidays, the shop is also open from 12-5pm. For more info, call Greg on 0418600695.

#### 10.23 | Boat Shed

(690 m 13 mins) Continue straight: From the shop-front side of the boatshed, this walk follows the riverside track upstream, keeping the river just to your right. The track soon narrows and after about 80m, comes to a large clearing, the '7 Moola' picnic area (with toilets and water). The track leads over a small flat timber bridge in the middle of the picnic area to then find a NPWS arrow post on the far side. Here this walk follows the arrow along the track for about 70m to then climb up the metal staircase, where the track continues for another 180m, first up and over a rocky outcrop then along a flat track to find another large clearing. On the far side of this picnic area, just past the '8 Ironbarks' sign, this walk comes to a three-way intersection (with a concrete path on your left).

Continue straight: From the intersection, this walk follows the NPWS arrow post along the narrow management trail, keeping the river to your right. After about 60m, this walk heads around a locked gate, then heads up over the grass to find a picnic area. Here the walk heads over the timber bridge, past the '9 Carters Creek' sign and into the picnic area. The walk veers left across the picnic area to come back to the car park, just below the toilet block on the

far side of the picnic area.

#### 10.92 | 9 Carters Creek

Carters Creek Picnic Area is the ninth formal picnic space along this stretch of the Lane Cove River. This picnic area is home to a couple of sheltered picnic tables, a gas BBQ a large open grassy area, garbage bins, toilets and a car park. There is some limited access to the river view. A pleasant spot among the tall gums.

#### 10.92 | 9 Carters Creek

(360 m 6 mins) Continue straight: From the picnic area, this walk follows the NPWS arrow post across a small creek and up the footpath, away from the picnic area. From the top of the small hill, the track now leads (keeping the river on your right) for almost 300m, passing through a re-vegetating tall gum forest then a pleasant she-oak stand, to come to a large gravel car park just before Cottonwood Glen picnic area.

#### 11.28 | 13 Cottonwood Glen

Cottonwood Glen picnic area is a large open grassy spot on the bank of the Lane Cove River. There is a grove of trees along the edge of the river, but you can still get clear views across the water from the car park area. There are several picnic tables and a small toilet block just up the hill.

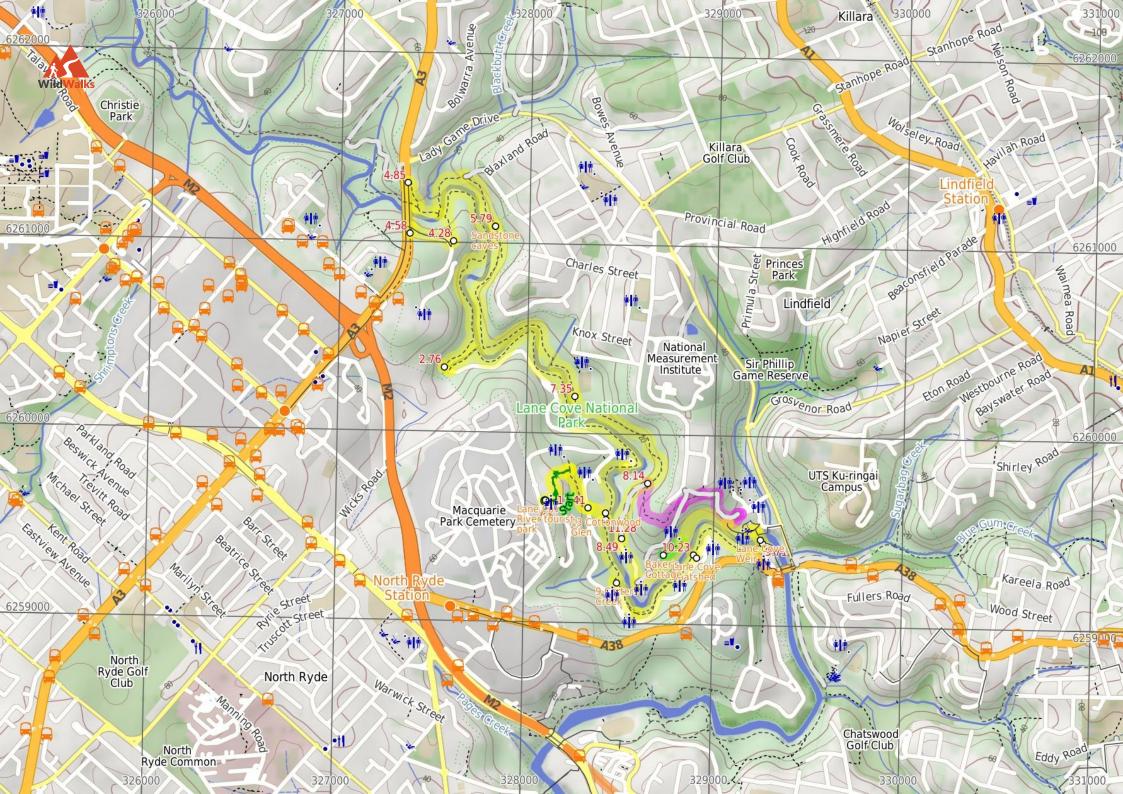
#### 11.28 | 13 Cottonwood Glen

(130 m 3 mins) Turn left: From car park beside '13 Cottonwood Glen' picnic area, this walk follows the 'Lane Cove Tourist Park' arrow post up the road. This walk soon veers left to head up beside the '12 Blackbutt' picnic area, then up some steps to come to a signposted intersection with Riverside Drive.

#### 11.41 | Riverside Dr

(540 m 11 mins) Continue straight: From the intersection, this walk follows the 'Tourist Park' sign gently up the track (away from the road) for about 30m to pass a 'Native Fauna' information sign and cross a small metal bridge beside the tall fern trees. Here the walk continues gently up through the forest for another 30m to pass the 'Bush Regeneration' information sign, then the track continues to wind gently uphill for almost 180m, passing the 'Native Flora' information sign and coming to a three-way intersection beside a large gum, where a sign points back down to 'Lane Cove River Weir' sign.

Turn left: From the intersection, the walk heads uphill directly away from the face of the 'Scribbly Gums picnic area' sign and past the large scribbly gum. The track leads under a banksia tree and after about 40m starts to climb a series of stone steps. After climbing these steps for about 60m, this walk heads through a gap in a fence to come to the edge of the Lane Cove Tourist Park. From here, this walk head directly away from the face of the 'Lane Cove National Park' sign and straight up the internal road. This road soon bends left then leads though the campsite for about 100m before bending right just past the laundry. Here the walk heads up this road for about 50m, past the boom gates, to come to the front of the the 'Lane Cove Tourist Park' office.



# **Summary navigation sheet for the Lane Cove Tourist Park River Circuit**

	Summar y			for the Lane Cove Tourist Park River Circuit
km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail) WildWalks
Start	Lane Cove Tourist Park -33.7894,151.1433 (GR Parramatta River, 281596)	6 -43	540 m 11 mins	From the office of the 'Lane Cove Tourist Park', this walk heads down the internal road, past the boom gates for about 50m to turn left just past the laundry.
0.54	Riverside Dr -33.7898,151.1458 (GR Parramatta River, 283596)	0 -11	130 m 3 mins	Continue straight: From the intersection, this walk follows the 'Riverside walk' arrow post down the steps and then follows the road down past the '12 Blackbutt' picnic area.
0.67	13 Cottonwood Glen -33.7903,151.1468 (GR Parramatta River, 284595)	34 -26	2.1 km 35 mins	Turn left: From the car park, this walk follows riverside walk arrow across '13 Cottonwood Glen' picnic area, over the small bridge, keeping the river on the rightOnce back into the bush the track continues for appr
2.73	Porters Creek bridge East -33.7832,151.1379 (GR Parramatta River, 276603)	0 -1	30 m 1 mins	Turn right: At the bridge, this walk crosses the creek using the road/bridge, to the signposted intersection with the bush track, on the right.
2.76	Porters Creek bridge West -33.7831,151.1376 (GR Parramatta River, 276603)	53 -23	1.5 km 28 mins	Turn right: From Porters Creek bridge, this walk heads down the stairs and along the creek bank, with the creek on the right, for approximately 100m.
4.28	Int. Riverside Trk and Riverside Dr at park entrance -33.777,151.1381 (GR Parramatta River, 276610)	8 -12	280 m 6 mins	Turn right: From the intersection the track follows the sign 'Great North Walk Access via Deburghs bridge' arrow.
4.55	Int. Riverside Trk and Ryde Rd Access Trk SE -33.7764,151.1357 (GR Parramatta River, 274611)	6 0	30 m 1 mins	Turn left: From the intersection, this walk follows the Great North Walk access sign up the stairs to Ryde Rd.
4.58	DeBurghs Bridge South -33.7767,151.1356 (GR Parramatta River, 274610)	23 -29	270 m 8 mins	Turn right: From the intersection, this follows the NPWS arrow marker along the footpath across 'De Burghs Bridge', keeping the traffic to your left.
4.85	DeBurghs Bridge North -33.7743,151.1355 (GR Parramatta River, 274613)	44 -59	940 m 23 mins	Turn right: From the intersection, this walk heads directly away from the road and around the locked gate.
5.79	Sandstone caves -33.7763,151.1405 (GR Parramatta River, 278611)	49 -62	1.6 km 32 mins	Continue straight: From the cave, this walk follows the track through the second cave, keeping the valley to your right.
7.35	Bottom of Fiddens Wharf Oval Trk -33.7845,151.145 (GR Parramatta River, 283602)	44 -23	800 m 16 mins	Continue straight: From the intersection, the track follows the 'Visitors Centre Loop' arrow along the track, keeping the river to your right.
8.14	Int. Great North Walk and Thistlethwaytes Picnic Area Trk -33.7886,151.1492 (GR Parramatta River, 286597)	31 -50	970 m 21 mins	Alternate Route Int. Great North Walk and Thistlethwaytes Picnic Area Trk. Turn left: From the intersection, this walk follows the GNW arrow post along the narrower track, across a small ditch then up the timber steps.
8.14	Int. Great North Walk and Thistlethwaytes Picnic Area Trk -33.7886,151.1492 (GR Parramatta River, 286597)	5 -28	350 m 7 mins	Continue straight: From the intersection, this walk heads around the hillside, with the river below on the right.
8.49	Thistlethwaytes Picnic Area -33.7912,151.1477 (GR Parramatta River, 285594)	13 -13	620 m 12 mins	Continue straight: From the picnic area, this walk heads down the road, with the water to the right.
9.12	Int. Opposite Bakers Flat -33.7914,151.1511 (GR Parramatta River, 288594)	10 -1	120 m 3 mins	Optional sidetrip to Baker's Cottage. Turn left: From the intersection, the walk heads up the stairs tending right, up the hill.
9.12	Int. Opposite Bakers Flat -33.7914,151.1511 (GR Parramatta River, 288594)	15 -19	590 m 13 mins	Continue straight: From the intersection, this walk heads down the road towards the car park at '29 Bakers Flat'.
9.71	Lane Cove Weir South -33.7915,151.1557 (GR Parramatta River, 293594)	10 -10	520 m 9 mins	Continue straight: From the southern end of the weir, this walk follows the sealed road up (away from the weir) for about 10m to turn right following the 'Riverside walking track' sign along the fenced timber boardwalk.
10.23	Boat Shed -33.792,151.1518 (GR Parramatta River, 289594)	17 -14	690 m 13 mins	Continue straight: From the shop-front side of the boatshed, this walk follows the riverside track upstream, keeping the river just to your right.

### **Summary navigation sheet for the Lane Cove Tourist Park River Circuit**

Summary navigation sheet for the Pane Cove Tourist Lark River Chedit								
km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail) WildWalks				
10.92	9 Carters Creek -33.7934,151.1473 (GR Parramatta River, 285592)	2 -5	360 m 6 mins	Continue straight: From the picnic area, this walk follows the NPWS arrow post across a small creek and up the footpath, away from the picnic area.				
11.28	13 Cottonwood Glen -33.7903,151.1468 (GR Parramatta River, 284595)	11 0	130 m 3 mins	Turn left: From car park beside '13 Cottonwood Glen' picnic area, this walk follows the 'Lane Cove Tourist Park' arrow post up the road.				
11.41	Riverside Dr -33.7898,151.1458 (GR Parramatta River, 283596)	43 -6	540 m 11 mins	Continue straight: From the intersection, this walk follows the 'Tourist Park' sign gently up the track (away from the road) for about 30m to pass a 'Native Fauna' information sign and cross a small metal bridge bes				
	-55.7696,151.1456 (GK Patramatta Kiver, 265590)	-0	11 IIIIIIS	from the road) for about 50m to pass a france rauna information sign and cross a sman metal bridge of				